

# Low-Sugar Coconut Mojito



## INGREDIENTS:

- 2 oz. light coconut milk
- 2 oz. raw coconut water
- 1/2 lime, juiced
- 1/2-1 cup club soda
- 8-10 fresh mint leaves
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Coconut water and light coconut milk bring natural electrolytes and a little healthy fat, which can help you feel satisfied without a sugar crash. Lime and fresh mint add a bright, cooling flavor and may help soothe the digestive tract after a big meal.