



# Breast Cancer Symptom Checklist

I have noticed these breast changes:

- A lump or thickening in or near the breast or in the underarm area

Left Breast     Right Breast

Date first noticed:

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- A change in the size or shape of the breast

Left Breast     Right Breast

Date first noticed:

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- Dimpling or puckering in the skin of the breast

Left Breast     Right Breast

Date first noticed:





# Breast Cancer Symptom Checklist

I have noticed these breast changes:

- A nipple turned inward into the breast

Left Breast     Right Breast

Date first noticed:

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- Discharge (fluid) from the nipple

Left Breast     Right Breast

Date first noticed:

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- Scaly, red, or swollen skin on the breast, nipple, or areola (the dark area of the skin at the center of the breast)

Left Breast     Right Breast

Date first noticed:

