

Create Your Better You Strides Account By Following The Directions Below.

Please note all employees must register on the new wellness platform powered by Onlife. Directions are slightly different for GatorCare subscribers/contract holders and those who elect to waive GatorCare coverage.

For GatorCare subscribers/contract holders:

Using a computer:

- Log in to your floridablue.com account.
- Find “Get Rewarded with Better You Strides” on your home page
- Click “Let’s Go!” to create your account. You can also access the portal by going to the “Health & Wellness” tab up at the top of your home screen and clicking Better You Strides.
- Read and accept the Terms of Service
- Choose your communication preferences

Using a mobile device:

- Download the AlwaysOn app from the Apple App store or Google Play store
- Click “New User?” at the bottom of the screen
- Enter your name, date of birth and ZIP code
- Click “Verify”
- Complete authentication steps. You will be asked to enter your group number (**Located on your insurance card**)
- Enter a user name, password, mobile phone number and email address
- Read and accept the terms of service
- Create your PIN

For benefits-eligible employees who waived GatorCare coverage:

Using a computer:

- Go to login.onlifehealth.com
- Click “Get Started”
- Enter your name, date of birth and ZIP code
- Click next
- Enter your employer’s group number (**Located on your insurance card**)
- Read and accept the terms of service
- Choose your communication preferences. It will prompt you to take your health assessment next. **Before you take your health assessment, please update your user name and password** so you’ll have immediate access the next time you open Better You Strides.
- Click on “I’ll do this later” and you will be taken to your homepage

- Update your user name and password by going to the upper right corner of your homepage
- Click on the profile icon and select “Settings” from the drop-down menu
- Click on the pencil icon to edit your settings
- Create a unique user name and display name
- Enter your email address and create a password
- Click “Save”

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