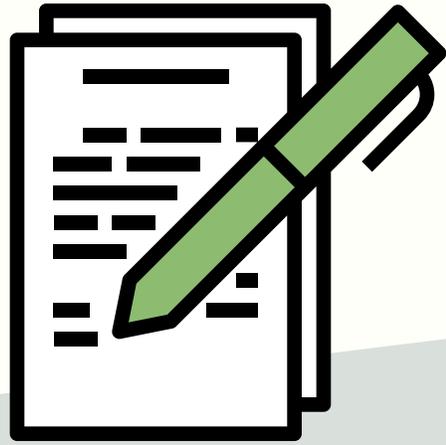


How to use our MPF Worksheets

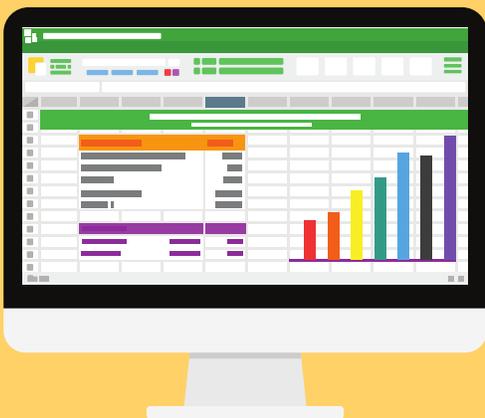
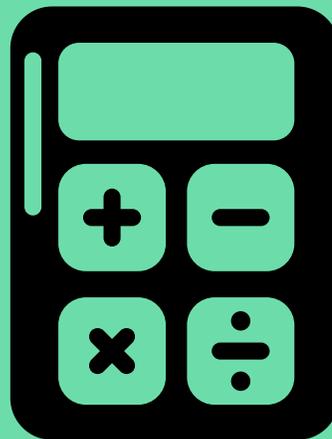


Before getting started:

Read through the MPF mini courses, paying close attention to the Paying Loans, Start Saving, and Financial EMT courses.

Putting it to the test:

1. **Pick a format.** You may want to print out the worksheets or, if you own a tablet, you can try using an app such as OneNote or Notability to fill in the PDFs.
2. **Get everything together.** You'll want to have all the relevant materials (e.g. loan information, utility bills, etc.) on hand.
3. **Bust out a calculator.** Make sure you're using the most up-to-date information and then get to planning and tracking!



Keeping it Going:

1. **Personalize as you go.** Adjust the format of the worksheets as you like or transfer the information to an excel spreadsheet if that's easier for you.
2. **Make it a habit.** Keep up with tracking your savings deposits and debt payments so you always have the confidence of knowing what's happening with your money.

