



Health & Wellness

# How to Complete Your Wellness Screening

## With a Physician

**Complete your screening with your Primary Care Physician with the Physician Results Form.**

## Download a Physician Results Form at [My.QuestForHealth.com](https://myquestforhealth.com)

1. Use Registration Key: **UFGA2021**
2. Follow Subscriber or Non-subscriber Quest login instructions provided in the platform or on the Well-Being page.
3. Print the Physician Results form from your account prior to your appointment and ask your doctor to complete it using recent lab results (your doctor may charge a fee to complete or fax).
4. Form needs to include all required screening values and signatures.
5. Make sure the form is faxed or uploaded into Quest Diagnostics by **03/19/2021**.
6. You also have the option to upload the form yourself in your Quest account.
7. Screenings between 1/1/2021 and 3/19/2021 will be accepted.
8. You will receive an email when your results are ready to view online.
9. Your printed report will arrive in the mail 2-3 weeks after your screening.

**Completing your wellness screening is easy and convenient. You will receive current and accurate lab results that you can share with your doctor. We hope you take advantage of this free service.**