

The background features abstract, organic shapes in teal and lime green. In the top-left, a teal shape contains a cluster of lime green dots. In the top-right, a lime green shape has teal brushstroke-like lines. In the bottom-left, a lime green shape has teal wavy lines. In the bottom-right, a teal shape contains a cluster of lime green dots.

WELLNESS BOARD



WELLNESS 101

The background features several abstract shapes: a purple shape with dark blue dots in the top-left, a dark blue shape with light purple lines in the top-right, a dark blue shape with light purple wavy lines in the bottom-left, and a purple shape with dark blue dots in the bottom-right. The text 'WELLNESS BOARD' is centered in a dark blue, rounded, handwritten-style font.

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The background features abstract, hand-drawn style shapes in shades of purple and blue. There are several clusters of small dark blue dots scattered across the page. The overall aesthetic is soft and modern.

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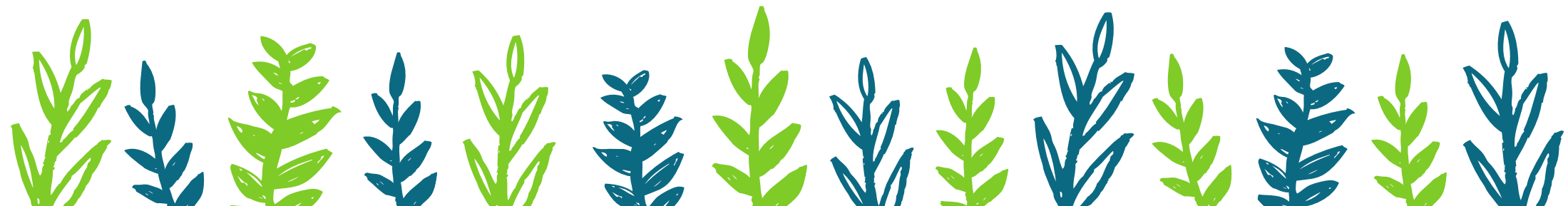
The background features abstract, organic shapes in yellow and teal. In the top-left, a yellow shape contains a cluster of teal dots. In the top-right, a teal shape contains yellow lines resembling a hand. In the bottom-left, a teal shape contains yellow wavy lines. In the bottom-right, a yellow shape contains a cluster of teal dots.

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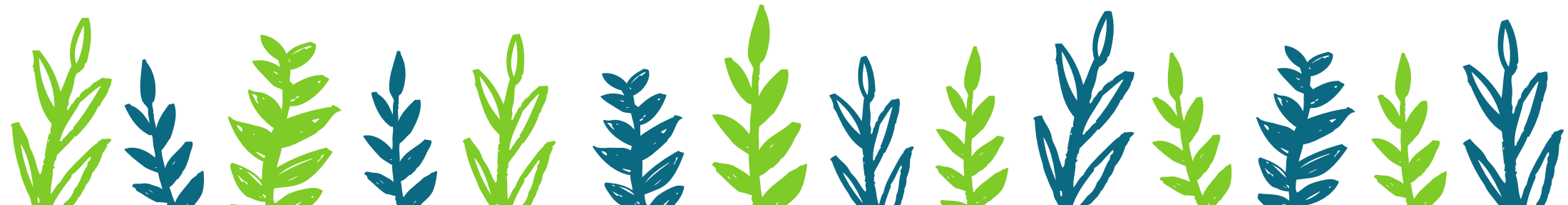


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